

ESMO Preceptorship on Supportive and Palliative Care

PROGRAMME

**ESMO
PRECEPTORSHIP**

**LUGANO SWITZERLAND
3-4 MAY 2024**

Co-Chairs

Karin Jordan, Germany

Christina Ruhlmann, Denmark

ESMO PRECEPTORSHIP PROGRAMME SUPPORTIVE AND PALLIATIVE CARE

Multidisciplinary management, standards of care,
therapeutic targets and future perspectives

Lugano, Switzerland
3-4 May 2024

CO-CHAIRS Karin Jordan, Germany
Christina Ruhlmann, Denmark

SPEAKERS Jann Arends, Germany
Paolo Bossi, Italy
Maria Die-Trill, Spain
Berit Jordan, Germany
Barry Laird, United Kingdom
Jayne Wood, United Kingdom

LEARNING OBJECTIVES

- Understand mechanisms, risk, prevention and treatment of the key symptoms and syndromes: pain, anorexia, cachexia, dyspnea, nausea, vomiting, diarrhoea, constipation, mucositis, neurotoxicity, cardiovascular events, venous thromboembolism, haematological complications and their association with cancer disease and antineoplastic treatment
- Understand integration of screening for and assessment of toxicities to antineoplastic treatment, symptoms and other supportive and palliative care needs, and integration of their management in routine oncology care
- Understand the role of rehabilitation in the continuum of care process
- Understand key steps to prepare patients and family members for end-of-life and care of the dying person
- Understand how to communicate with patients about illness, prognosis, coping, hope and decisions. Reflect on your own role and how to address cultural differences
- Get familiar with the ESMO Clinical Practice Guidelines on supportive and palliative care topics

ACCREDITATION

The programme of this event has been accredited with **12 ESMO-MORA category 1 points**.

Recertification is necessary for medical oncologists to remain professionally certified by ESMO. Recertification guarantees that a certified medical oncologist has continued to update his/her knowledge and continues to possess the necessary skills and standards for the practice of medical oncology. For further details please refer to esmo.org.

ORGANISATION AND CONTACTS

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Friday, 3 May 2024

09:00-09:10 10'	Opening and welcome	Karin Jordan, DE Christina Ruhlmann, DK
10'	Course Introduction – Preceptorship goals, learning objectives, and the ESMO/ASCO Global Curriculum in Medical Oncology	Karin Jordan, DE
09:10-10:25 75'	SESSION 1 Overview of main issues of supportive and palliative care	Chair: Christina Ruhlmann, DK
15'	ESMO Clinical Practice Guidelines on Supportive and Palliative Care: A few words on how to navigate and methods	Karin Jordan, DE
5'	Q&A	
15'	Rehabilitation: An emerging integral part of supportive and palliative care	Jann Arends, DE
5'	Q&A	
20'	Communication with cancer patients: Challenging situations, breaking bad news, family perspectives, desire to hasten death – Part 1	Maria Die-Trill, ES
5'	Q&A	
10'	Participant clinical case discussion (1x10')	Faculty
10:25-10:55	Coffee break	
10:55-12:50 115'	SESSION 2 Prevention and treatment of complications, toxicities, and symptoms	Chair: Jayne Wood, UK
15'	Central neurotoxicity	Berit Jordan, DE
5'	Q&A	
20'	Management of cancer related pain	Barry Laird, UK
5'	Q&A	
20'	Complex symptom management in palliative care	Jayne Wood, UK
5'	Q&A	
20'	Communication with cancer patients: Challenging situations, breaking bad news, family perspectives, desire to hasten death – Part 2	Maria Die-Trill, ES
5'	Q&A	
20'	Participants clinical case discussion (2x10')	Faculty
12:50-13:50	Lunch	
13:50-14:55 65'	SESSION 3 Miscellaneous: Neuropathy and bone marrow toxicity	Chair: Christina Ruhlmann, DK
10'	Polyneuropathy: Practical and focused examination from the neurological perspective	Berit Jordan, DE
5'	Q&A	
20'	Chemotherapy-induced peripheral neuropathy: Mechanism, prevention and treatment	Berit Jordan, DE
5'	Q&A	
10'	Neutropenia – febrile neutropenia, anemia still a problem?	Paolo Bossi, IT
5'	Q&A	
10'	Participant clinical case discussion (1x10')	Faculty
14:55-16:05 70'	SESSION 4 Digestive tract symptoms and toxicity	Chair: Karin Jordan, DE
25'	Anticancer therapy-induced mucositis and diarrhoea: Prevention and management strategies	Paolo Bossi, IT
5'	Q&A	
10'	Participant clinical case discussion (1x10')	Faculty
15'	Constipation in advanced cancer	Barry Laird, UK
5'	Q&A	
10'	Participant clinical case discussion (1x10')	Faculty
16:05-16:35	Coffee break	

16:35-18:15 100'	SESSION 5 Digestive tract symptoms and toxicity - Continued	Chair: Paolo Bossi, IT
20'	Prevention and management of cancer disease and chemo- and radiotherapy-induced nausea and vomiting, guidelines update and future directions	Karin Jordan, DE
5'	Q&A	
15'	Clinical cases discussion	Christina Ruhlmann, DK
5'	Q&A	
20'	Cancer cachexia: Practical assessment, prevention and treatment, including indication for invasive nutrition	Jann Arends, DE
5'	Q&A	
20'	Fasting, cancer-diets, probiotics and the influence on the Microbiome	Jann Arends, DE
5'	Q&A	
5'	Closing remarks Day 1	Karin Jordan, DE Christina Ruhlmann, DK
19:30	Dinner	

Saturday, 4 May 2024

08:30-09:10 40'	SESSION 6 Challenging symptom management	Chair: Karin Jordan, DE
15'	Delirium and palliative sedation	Barry Laird, UK
5'	Q&A	
15'	Management of toxicities from immunotherapy – clinical cases	Christina Ruhlmann, DK
5'	Q&A	
09:10-10:30 80'	SESSION 7 Early palliative care	Chair: Maria Die-Trill, ES
15'	Early integration of palliative care across different care settings and professions	Jayne Wood, UK
5'	Q&A	
20'	Care at the end of life: Basic knowledge for the oncologist	Jayne Wood, UK
5'	Q&A	
20'	The challenges of patient reported outcomes	Karin Jordan, DE
5'	Q&A	
10'	Participant clinical case discussion (1x10')	Faculty
10:30-11:00	Coffee break	
11:00-12:35 95'	SESSION 8 Vessels, blood, bone marrow and more	Chair: Jann Arends, DE
20'	Rare and life threatening immunotoxicities: How to manage	Christina Ruhlmann, DK
5'	Q&A	
20'	Extravasation of anticancer agents	Karin Jordan, DE
5'	Q&A	
20'	Cancer associated venous thromboembolism: Mechanism and management	Christina Ruhlmann, DK
5'	Q&A	
20'	Participants clinical case discussion (2x10')	Faculty
12:35-13:15 40'	SESSION 9 Speakers corner Q&A	Chair: Christina Ruhlmann, DK
13:15-13:25 10'	Conclusion, evaluation and farewell	Christina Ruhlmann, DK
13:25-14:25	Lunch	

Note: Each 10-minute slot for participant clinical case discussion includes a 5' case presentation and a 5' Q&A / discussion