

PRECEPTORSHIP PROGRAMME

Supportive and Palliative care

**ESMO
PRECEPTORSHIP**

**LUGANO SWITZERLAND
30-31 MARCH 2023**

Multidisciplinary management, standards of care, therapeutic targets and future perspectives.

Co-Chairs

Christina Ruhlmann, Denmark
Florian Scotté, France

ESMO PRECEPTORSHIP PROGRAMME SUPPORTIVE AND PALLIATIVE CARE

Multidisciplinary management, standards of care,
therapeutic targets and future perspectives

Lugano, Switzerland
30-31 March 2023

CO-CHAIRS

Christina Ruhlmann, Denmark
Florian Scotté, France

SPEAKERS

Jann Arends, Germany
Snežana Bosnjak, Serbia
Maria Die Trill, Spain
Karin Jordan, Germany
Anne Letsch, Germany
Jayne Wood, United Kingdom

LEARNING OBJECTIVES

- Understand mechanisms, risk, prevention and treatment of the key symptoms and syndromes: pain, anorexia, cachexia, dyspnea, nausea, vomiting, diarrhoea, constipation, mucositis, neurotoxicity, cardiovascular events, venous thromboembolism, haematological complications and their association with cancer disease and antineoplastic treatment
- Understand integration of screening for and assessment of toxicities to antineoplastic treatment, symptoms and other supportive and palliative care needs, and integration of their management in routine oncology care
- Understand the role of rehabilitation in the continuum of supportive care
- Describe required competences of multidisciplinary and inter-professional teams for multimodal management
- Understand key steps to prepare patients and family members for end-of-life and care of the dying person
- Understand how to communicate with patients about illness, prognosis, coping, hope and decisions. Reflect on your own role and how to address cultural differences
- Get familiar with the ESMO Clinical Practice Guidelines on supportive and palliative care topics

ACCREDITATION

The programme of this event has been accredited with **11 ESMO-MORA category 1 points**.

Recertification is necessary for medical oncologists to remain professionally certified by ESMO. Recertification guarantees that a certified medical oncologist has continued to update his/her knowledge and continues to possess the necessary skills and standards for the practice of medical oncology. For further details please refer to esmo.org.

ORGANISATION AND CONTACTS

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Thursday, 30 March 2023

09:00-09:10 10'	Opening and Welcome	
10'	Course Introduction – Preceptorship goals, learning objectives, and the ESMO/ASCO Global Curriculum in Medical Oncology	Christina Ruhlmann, DK
09:10-10:20 70'	SESSION 1 Overview of main issues of supportive and palliative care	Co-chairs: Christina Ruhlmann, DK Florian Scotté, FR
15' 5'	ESMO Clinical Practice Guidelines on Supportive and Palliative Care: What's old, what's new, and what's to expect for the future? Q&A	Florian Scotté, FR
15' 5'	Rehabilitation: An emerging integral part of supportive and palliative care Q&A	Jann Arends, DE
15' 5'	Communication with cancer patients: Challenging situations, breaking bad news, family perspectives, desire to hasten death Q&A	Maria Die Trill, ES
10'	Participant clinical case discussion (1x10')	Faculty
10:20-10:50	Coffee break	
10:50-12:25 95'	SESSION 2 Prevention and treatment of complications, toxicities, and symptoms	Chair: Jayne Wood, UK
20' 5'	Chemotherapy-induced peripheral neuropathy: Mechanism, prevention and treatment Q&A	Karin Jordan, DE
20' 5'	Medical management of cancer pain and other complex symptom control Q&A	Jayne Wood, UK
20' 5'	Non-medical management of cancer pain and other complex symptom control: The role of the psychologist Q&A	Maria Die Trill, ES
20'	Participants clinical case discussion (2x10')	Faculty
12:25-13:25	Lunch	
13:25-14:50 85'	SESSION 3 Cardiovascular toxicity, cancer associated thrombosis	Chair: Christina Ruhlmann, DK
20' 5'	Extravasation of anticancer agents including when to call the surgeon Q&A	Karin Jordan, DE
20' 5'	Cancer associated venous thromboembolism: Mechanism and management Q&A	Christina Ruhlmann, DK
20' 5'	Acute and late cardiovascular toxicity induced by anti-tumour therapy Q&A	Karin Jordan, DE
10'	Participant clinical case discussion (1x10')	Faculty
14:50-16:05 75'	SESSION 4 Digestive tract symptoms and toxicity	Chair: Karin Jordan, DE
15'	Anticancer therapy-induced diarrhoea: Prevention and management strategies	Florian Scotté, FR
15' 5'	Anticancer therapy-induced oral mucositis: Prevention and management strategies Q&A	Florian Scotté, FR
10'	Participant clinical case discussion (1x10')	Faculty
15' 5'	Constipation in advanced cancer Q&A	Snežana Bosnjak, RS
10'	Participant clinical case discussion (1x10')	Faculty
16:05-16:35	Coffee break	

16:35-18:15 100'	SESSION 5 Digestive tract symptoms and toxicity - Continued	Chair: Florian Scotté, FR
20' 5'	Prevention and management of cancer disease and chemo- and radiotherapy-induced nausea and vomiting, guidelines update and future directions Q&A	Snežana Bosnjak, RS
15' 5'	CINV: Real life management Q&A	Christina Ruhlmann, DK
20' 5'	Cancer cachexia: Practical assessment, prevention and treatment, including indication for invasive nutrition indicated Q&A	Jann Arends, DE
20' 5'	Fasting, diets, probiotics, phytotherapy and other Complementary and Alternative Medicine (CAM) issues in practice: When and how to include CAM specialists Q&A	Jann Arends, DE
5'	Closing remarks Day 1	Florian Scotté, FR
19:30	Dinner	

Friday, 31 March 2023

08:30-09:15 45'	SESSION 6 Haematological toxicities	Chair: Christina Ruhlmann, DK
10' 5'	Anemia: Management evolution from chemotherapy to personalised medicine Q&A	Anne Letsch, DE
10' 5'	Neutropenia – febrile neutropenia: Still a problem? Q&A	Florian Scotté, FR
10' 5'	Management of thrombopenia anticancer treatment related Q&A	Anne Letsch, DE
09:15-10:30 75'	SESSION 7 Early palliative care	Chair: Maria Die Trill, ES
15' 5'	Early integration of palliative care across different care settings and professions Q&A	Jayne Wood, UK
20' 5'	Care at the end of life: Basic knowledge for the oncologist Q&A	Jayne Wood, UK
15' 5'	Breathlessness: More than a need for oxygen Q&A	Maria Die Trill, ES
10'	Participant clinical case discussion (1x10')	Faculty
10:30-11:00	Coffee break	
11:00-12:50 110'	SESSION 8 Patient care: Burning questions	Chair: Florian Scotté, FR
20' 5'	Management of toxicities from immunotherapy Q&A	Christina Ruhlmann, DK
20' 5'	Patient Remote Monitoring: From trials to guidelines Q&A	Anne Letsch, DE
20' 5'	Care access: How to deal with guidelines Q&A	Snežana Bosnjak, RS
15'	What did we learn? – What did we miss?	Christina Ruhlmann, DK
20'	Participants clinical case discussion (2x10')	Faculty
12:50-13:00 10'	Conclusion, evaluation, and farewell	Christina Ruhlmann, DK Florian Scotté, FR
13:00-14:00	Lunch	

Note: Each 10 minute slot for participant clinical case discussion includes a 5' case presentation and a 5' Q&A / discussion