

ESMO PRECEPTORSHIP PROGRAMME SUPPORTIVE AND PALLIATIVE CARE

Multidisciplinary management, standards of care,
therapeutic targets and future perspectives

Lugano, Switzerland
30-31 March 2023

CO-CHAIRS: Christina Ruhlmann, Denmark
Florian Scotté, France

SPEAKERS: Jann Arends, Germany
Snežana Bosnjak, Serbia
Maria Die Trill, Spain
Karin Jordan, Germany
Anne Letsch, Germany
Jayne Wood, United Kingdom

LEARNING OBJECTIVES

- Understand mechanisms, risk, prevention and treatment of the key symptoms and syndromes pain, anorexia, cachexia, dyspnea, nausea, vomiting, diarrhea, constipation, mucositis, neurotoxicity, cardiovascular events, venous thromboembolism, hematological complications and their association with cancer disease and antineoplastic treatment
- Understand integration of screening for and assessment of toxicities to antineoplastic treatment, symptoms and other supportive and palliative care needs, and integration of their management in routine oncology care
- Understand the role of rehabilitation in the continuum of supportive care
- Describe required competences of multidisciplinary and inter-professional teams for multimodal management
- Understand key steps to prepare patients and family members for end-of-life and care of the dying person
- Understand how to communicate with patients about illness, prognosis, coping, hope and decisions. Reflect on your own role and how to address cultural differences
- Get familiar with the ESMO Clinical Practice Guidelines on supportive and palliative care topics

Thursday, 30 March

09:00-10:20 80'	SESSION 1 Overview of main issues of supportive and palliative care	Chairs: Christina Ruhlmann, DK Florian Scotté, FR
10'	Welcome and Introduction – Goals of the preceptorship, learning objectives, and the ESMO/ASCO Global Curriculum in Medical Oncology	Christina Ruhlmann, DK
15'	ESMO Clinical Practice Guidelines on Supportive and Palliative Care: What's old, what's new, and what's to expect for the future?	Florian Scotté, FR
5'	Q&A	Florian Scotté, FR
15'	Rehabilitation: An emerging integral part of supportive and palliative care	Jann Arends, DE
5'	Q&A	Jann Arends, DE
15'	Communication with cancer patients: Challenging situations, breaking bad news, family perspectives, desire to hasten death	Maria Die Trill, ES
5'	Q&A	Maria Die Trill, ES
10'	Participant clinical case and discussion (1x10')	Faculty

10:20-10:50	Coffee break	
10:50-12:25 95'	SESSION 2 Prevention and treatment of complications, toxicities and symptoms	Chair: Jayne Wood, UK
20'	Chemotherapy-induced peripheral neuropathy: Mechanism, prevention and treatment	Karin Jordan, DE
5'	Q&A	Karin Jordan, DE
20'	Medical management of cancer pain and other complex symptom control	Jayne Wood, UK
5'	Q&A	Jayne Wood, UK
20'	Interventional management of cancer pain and other complex symptom control	Maria Die Trill, ES
5'	Q&A	Maria Die Trill, ES
10'	Participant clinical case and discussion (1x10')	Faculty
10'	Participant clinical case and discussion (1x10')	Faculty
12:25-13:25	Lunch	
13:25-14:50 85'	SESSION 3 Cardiovascular toxicity, cancer associated thrombosis	Chair: Christina Ruhlmann, DK
20'	Extravasation of anticancer agents including when to call the surgeon	Karin Jordan, DE
5'	Q&A	Karin Jordan, DE
20'	Cancer associated venous thromboembolism: Mechanism and management	Christina Ruhlmann, DK
5'	Q&A	Christina Ruhlmann, DK
20'	Acute and late cardiovascular toxicity induced by anti-tumour therapy	Karin Jordan, DE
5'	Q&A	Karin Jordan, DE
10'	Participant clinical case and discussion (1x10')	Faculty
14:50-16:05 75'	SESSION 4 Digestive tract symptoms and toxicity	Chair: Karin Jordan, DE
15'	Anticancer therapy-induced diarrhoea: Prevention and management strategies	Florian Scotté, FR
15'	Anticancer therapy-induced oral mucositis: Prevention and management strategies	Florian Scotté, FR
5'	Q&A	Florian Scotté, FR
10'	Participant clinical case and discussion (1x10')	Faculty
15'	Constipation in advanced cancer	Snežana Bosnjak, RS
5'	Q&A	Snežana Bosnjak, RS
10'	Participant clinical case and discussion (1x10')	Faculty
16:05-16:35	Coffee break	
16:35-18:15 100'	SESSION 5 Digestive tract symptoms and toxicity - Continued	Chair: Florian Scotté, FR
20'	Prevention and management of cancer disease and chemo- and radiotherapy-induced nausea and vomiting, guidelines update and future directions	Snežana Bosnjak, RS
5'	Q&A	Snežana Bosnjak, RS
15'	CINV: real life management	Christina Ruhlmann, DK
5'	Q&A	Christina Ruhlmann, DK

20'	Cancer cachexia: Practical assessment, prevention and treatment, including indication for invasive nutrition indicated	Jann Arends, DE
5'	Q&A	Jann Arends, DE
20'	Fasting, diets, probiotics, phytotherapy and other Complementary and Alternative Medicine (CAM) issues in practice: When and how to include CAM specialists	Jann Arends, DE
5'	Q&A	Jann Arends, DE
5'	Closing remarks Day 1	Florian Scotté, FR
19:30	Dinner	

Friday, 31 March

08:30-09:15 45'	SESSION 6 Hematological Toxicities	Chair: Christina Ruhlmann, DK
10'	Anemia: Management evolution from chemotherapy to personalised medicine	Anne Letsch, DE
5'	Q&A	Anne Letsch, DE
10'	Neutropenia – febrile neutropenia: Still a problem?	Florian Scotté, FR
5'	Q&A	Florian Scotté, FR
10'	Management of thrombopenia anticancer treatment related	Anne Letsch, DE
5'	Q&A	Anne Letsch, DE
09:15-10:30 75'	SESSION 7 Early Palliative Care	Chair: Maria Die Trill, ES
15'	Early integration of palliative care across different care settings and professions	Jayne Wood, UK
5'	Q&A	Jayne Wood, UK
20'	Care at the end of life: Basic knowledge for the oncologist	Jayne Wood, UK
5'	Q&A	Jayne Wood, UK
15'	Breathlessness: From oxygen to sedation	Maria Die Trill, ES
5'	Q&A	Maria Die Trill, ES
10'	Participant clinical case and discussion (1x10')	Faculty
10:30-11:00	Coffee break	
11:00-12:50 110'	SESSION 8 Patient Care: Burning questions	Chair: Florian Scotté, FR
20'	Management of toxicities from immunotherapy	Christina Ruhlmann, DK
5'	Q&A	Christina Ruhlmann, DK
20'	Patient Remote Monitoring: From trials to guidelines	Anne Letsch, DE
5'	Q&A	Anne Letsch, DE
20'	Care Access: How to deal with guidelines	Snezana Bosnjak, RS
5'	Q&A	Snezana Bosnjak, RS

15'	What did we learn? – What did we miss?	Christina Ruhlmann, DK
10'	Participant clinical case and discussion (1x10')	Faculty
10'	Participant clinical case and discussion (1x10')	Faculty
12:50-13:00 10'	Conclusion, evaluation, and farewell	Christina Ruhlmann, DK Florian Scotté, FR
13:00-14:00	Lunch	

Note: Each 10 minute slot for participant clinical case discussion includes 5' case presentation and 5' Q&A/discussion