



ESMO Palliative Care Fellowship (Sep 2019 – Dec 2019)

Alberto Ezequiel Espamer

FINAL REPORT

Home Institute: Dr. Carrillo Regional Hospital Host Institute: Vall D'Hebron University Hospital

Introduction

As a clinical oncologist, I felt that I should have more knowledge in palliative care to accompany the patient and their family in all stages of cancer.

Goals or aims

incorporate theoretical knowledge of palliative care observe the multidisciplinary work of the support unit solve clinical cases on palliative care in the office and in the internment room

Description of the time spent at host institute

This institution is one of the largest in Spain and Europe, the hospital is highly complex and the palliative care unit works daily with all related specialties, oncology, radiotherapy, hematology, medical clinic, anesthesia, emergency service, etc. They carry out research work, clinical conferences, participate in the organization of palliative care conferences and conferences, and publish chapters of books on palliative care.

Conclusion

I discovered that it is a branch of oncology that I am interested in developing in my hospital, creating a palliative care area and also incorporating a subject into the study plan of the medical career so that future doctors have the basic knowledge of this specialty





Acknowledgements

To the ESMO authorities for the scholarship and the authorities of the Vall D'Hebron Hospital VHIO Oncology Service for the training stay

In special to:

Dr. Judith Serna Mont-Ros, head of the VHIO palliative care unit

Dr Anastasio Martin Perez, doctor of the palliative care unit and all the nursing staff of the palliative care unit for sharing their theoretical and practical knowledge, and to this day we are still connected from a distance and they advise me with any questions I may have.

