



## ESMO ACTIVITIES FOR YOUNG ONCOLOGISTS

Get involved today



## YOUR CAREER MATTERS TO YOU, AND THAT MATTERS TO US!

“Representing a driving force in identifying real solutions matched to the needs of our Society’s junior members, ESMO’s Young Oncologists Committee devises and leads important actions including supportive policies, mentorship programmes, and a fully integrated track at ESMO Congresses. By integrating these activities into those of ESMO, we seek to more suitably prepare, nurture and develop the careers of our up-and-coming generation of medical oncologists; the future of our profession. Reflective of today’s ever-emerging landscape in oncology and ESMO’s unified and multispecialty approach to solving cancer sooner, the YOC is also committed to bringing an increasingly translational force and flavor to its existing and future initiatives.”

GUILLEM ARGILÉS, SPAIN  
ESMO YOC CHAIR 2018-2019



“ESMO provides me with a great network of international specialists as the basis for my scientific and clinical career.”

ANNA BERGHOFF, AUSTRIA

“Promoting my education, supporting my interest in clinical and translational research, facilitating networking, ESMO creates unique opportunities to become a medical oncologist with a global perspective.”

CLAUDIA CARDONE, ITALY



“ESMO represents a cornerstone in my career development: thanks to ESMO’s educational events and fellowship programme, I have the opportunity to improve my research skills and expand my network of international collaborators.”

MATTEO LAMBERTINI, ITALY



## introduction

## ESMO Young Oncologists Committee (YOC): dedicated to the needs of young oncologists

### What is an ESMO Young Oncologist (YO)?

ESMO defines YOs as oncologists under the age of 40 who are either in training for their specialisation, or already qualified. All ESMO members meeting these criteria are automatically included within this membership group and will be eligible to participate in YO activities.

### What is the Young Oncologists Committee (YOC)?

The ESMO YOC, created in 2001, is a permanent committee of ESMO reporting directly to the Executive Board. The President-Elect of the society is a mentor for the Committee. The Committee consists of 16 members including the Chair who is elected by the Executive Board. Committee members practising in Europe, are selected by the Committee Chair usually in consultation with ESMO key opinion leaders.

## YO Milestones

# ESMO YOUNG ONCOLOGISTS

### 2001-2004

- Creation of ESMO Young Oncologists Committee (YOC)
- 1st Translational Research Unit (TRU) Visit
- 1st YO Masterclass and Breakfast Sessions at ESMO Congress in Nice

### 2005-2009

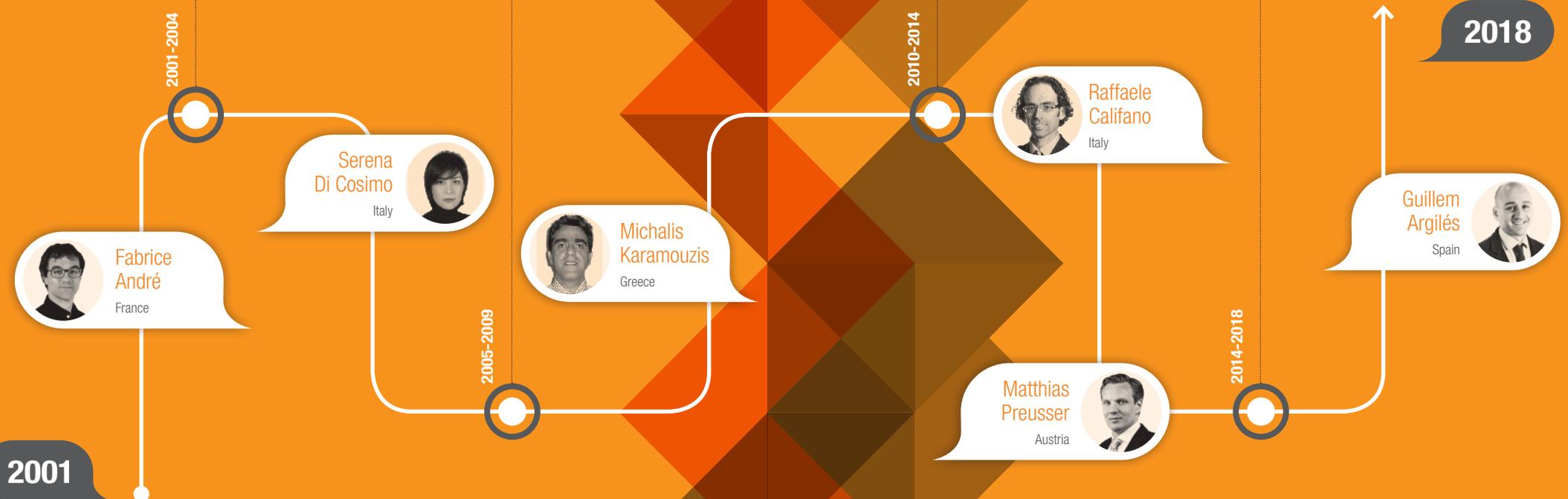
- ESMO Handbook series started with the Handbook of Oncological Emergencies
- "The young oncologist's point of view" survey I & II
- 1st Vesalius Talk at ESMO2006

### 2010-2014

- Creation of the YO Facebook Group
- Revamp of the YO Website Corner on ESMO.org
- Launch of YO Journal Club
- Launch of 'Images in Oncology'
- Launch of dedicated YO E-News
- European-wide survey on NSCLC presented as a poster at ESMO2012
- 1st Fellowship Session at ESMO
- Dedicated YO Sessions at ESMO World GI
- Dedicated YO Sessions at European Lung Cancer Congress (ELCC)
- European-wide survey on Burnout
- 1st meeting with Chairs of National YO Groups
- 1st YO Networking Evening at ESMO2012

### 2015-2018

- YO Facebook group: over 4300 members
- YO dedicated sessions at ESMO Asia
- Childcare Service from ESMO2017 at annual Congresses
- Publication of the ESMO YO Burnout Survey in Annals of Oncology
- Publication of "Career opportunities and benefits for young oncologists in the European Society for Medical Oncology" in ESMO Open
- Launch of the YO Mentorship Session at ESMO2016
- Launch of the YO Clinical Case Discussion Session at ESMO2016
- 1st YO Session for Medical Students and New Physicians and Poster Walk at ESMO2016





## YOC mission statement:

Provide opportunities to strengthen YO skills, knowledge and expertise, while providing a platform for networking with other medical oncologists and oncology professionals.

## The Committee is tasked with:

- > **Integrating** the activities of the YOC into those of ESMO, with the objective of developing oncology leaders of the future
- > **Developing** YO Sessions at annual ESMO Congresses and at ESMO tumour-specific meetings
- > **Informing** the ESMO Executive Board about career development issues and challenges YOs are faced with and providing a YO perspective on new projects developed by ESMO
- > **Enhancing** YOs expertise for future practice and career development
- > **Promoting** opportunities for research activities
- > **Creating** an international YO network where common issues can be shared and debated



## YO Sessions: designed by YOs for YOs

The YOC design educational sessions which address current issues and topics that are highly relevant to YOs in their daily practice and/or research activities.

### YO Tracks

The YO sessions during the annual ESMO Congress, and the annual ESMO Asia Congress are always very popular and well attended, and for good reasons: not only do attendees acquire a deeper knowledge on key aspects, but the sessions also provide attendees with a platform for networking with other YOs and oncology professionals.



### ESMO Congress YO Track includes:

YO Masterclass, YO Clinical Case Discussions, YO Brunch sessions, YO Forum, Vesalius Talk, Fellowship session, Mentoring sessions, sessions for Medical Students and New Physicians, Poster Walks, and a Networking Event.

At ESMO tumour specific meetings, including the ESMO World Gastrointestinal Congress, the European Lung Cancer Congress and the ESMO Breast Cancer Congress, topics pertinent to YOs working in the specific disease area are addressed.

# ESMO Events focused at Young Oncologists



## Preceptorship courses

Comprising plenary courses by a multidisciplinary faculty of international experts and case-based sessions, ESMO Preceptorship courses offer an enriched learning experience, thanks to their small size and emphasis on interaction with fellow participants and faculty.

Offered across a range of malignancies, the courses are designed primarily for medical and clinical oncologists and aim to educate participants about the current standards of care. The courses are particularly suitable for young oncologists. Each course is accredited with ESMO-MORA CME points, which can be used for ESMO-MORA recertification purposes.

Courses are typically 1.5-2 days in duration. Application is open to ESMO members only, travel grants available for all selected participants. Full details on [esmo.org/Preceptorships](http://esmo.org/Preceptorships).

“It was a magnificent and eye-opening experience for which I am very grateful. This meeting will definitely bring a valuable contribution to my future practice, also because the subjects were approached in a very authentic and “patient” way that made them easy to understand for young oncologists like me.”

SILVANA-ADELINA  
GHEORGHE, ROMANIA.  
Preceptorship on  
Immuno-Oncology,  
Lugano, May 2018



## ESMO Academy

The purpose of this highly interactive meeting is to give a general but in-depth update about the major topics in medical oncology. The meeting is specifically designed for professionals who intend to take the ESMO Examination, medical oncologists in training, and professionals in need of a refresher course.



## ESMO Clinical Trials Course

Courses focussing on the conduct of clinical trials including, the fundamental goals and organisational aspects of clinical trial design.



## ESMO-ESO Course on Medical Oncology for Medical Students

Courses aimed at fourth and fifth year medical students, providing an insight into all aspects of medical oncology, enabling students to get a full picture of this interesting and challenging professional field, before selecting their specialisation.

ESMO is also actively involved with the development of the following courses aimed at young professionals:



### The Methods in Clinical Cancer Research Workshop

(formerly known as “The Flims Workshop”), is an educational programme that introduces junior oncologists in any oncology subspecialty to the principles of good clinical trial design. Participants propose a trial protocol at the time of applying to the Workshop, and complete the writing of the protocol throughout the course of the Workshop.



### ESO-ESMO Masterclass in Clinical Oncology

This five day residential course has been designed for medical or clinical oncologists wishing to improve their skills or those who are preparing for the ESMO or national board exam. The programme exposes participants to a full spectrum of issues in clinical oncology and to practice-oriented training. The programme focuses on breast, gastro-intestinal, genito-urinary, gynaecological, head and neck and lung cancers. Number of participants is limited, with admission on a competitive application only basis.



### ESO-ESMO Latin-American Masterclass in Clinical Oncology

This residential course has been designed for medical and clinical oncologists practising in Latin America. The Masterclass offers plenary lectures on state-of-the-art clinical evaluation and treatments with reference to clinical guidelines, concluding with take-home messages. The clinical sessions are complemented by tumour board discussions supported by regional tutors. Number of participants is limited, with admission on a competitive application only basis.



### ESO-ESMO Eastern Europe and Balkan Region Masterclass in Medical Oncology

This residential programme has been designed for medical and clinical oncologists wishing to improve their skills or those who are preparing for the ESMO or national board exam. The programme will expose participants to a full spectrum of issues in clinical and medical oncology from basic science to advanced knowledge of systemic therapy, as well as covering the multidisciplinary treatment approach and all major topics of the ESMO-ASCO global curriculum on medical oncology. Number of participants is limited, with admission on a competitive application only basis.



## YO Merit Awards

Throughout the year ESMO offers Merit Awards to young oncologists submitting abstracts to ESMO Meetings. The selection of Merit Award recipients is made by the Scientific Committee based on the quality of accepted abstracts.

## YO Travel Grants

ESMO also offer travel grants to young oncologists to attend various educational meetings.

**YO Merit Awards** and **Travel Grants** are promoted through the YO E-News and YO Facebook Group, and full details listed within the meeting pages on [esmo.org/conferences](http://esmo.org/conferences).

## Reduced registration fees for ESMO Members

ESMO offers reduced registration fees to members for all meetings. In addition, Young Oncologists who have qualified for membership as an ESMO member under 40 and in training, benefit from significantly reduced fees to enable them to attend ESMO meetings.

## ESMO Fellowship Programme for YO's

The ESMO Fellowship Programme is exclusive to ESMO YO members, and offers research and educational opportunities aimed at medical oncologists from around the world.



### ESMO Translational and Clinical Research Fellowships

- > Provide training in translational/clinical research
- > Help to expand professional networks within a European institution of excellence
- > Help fellows to develop a high-quality translational research/clinical oncology research project

Applicants are responsible for identifying the host institute and agreeing the research project. They must obtain approval and confirmation from both the host and home institute. Applicants must submit the complete application including: a detailed description of the research project proposal with timeline, project goals, and the outline of how knowledge will be transferred to home institute.

Fellows receive 40,000€ for 1 year, with a second year prolongation available for the Translational Research Fellowship.

**SPRING APPLICATION DEADLINE**

### Translational Research Unit (TRU) Visit

- > An introduction to translational research for young oncologists
- > Educational visits (3-4 days) giving participants insight into oncology care and translational research at a top cancer centre
- > Provide an opportunity to expand professional networks within a European institution of excellence

ESMO organises 2-4 TRU Visits per year at European centres of excellence, for groups of around 10 YOs. Priority is given to applicants who are not currently working at an institute of excellence and to those without laboratory experience.

Fellows receive a 1,000€ grant to cover travel and accommodation costs.

**APPLICATION DEADLINES THROUGHOUT THE YEAR**

### Clinical Research Unit Visit

This six-week fellowship offers young oncologists the opportunity to:

- > Gain insight into clinical research at a leading European centre of excellence
- > Expand professional networks
- > Transfer technical skills and procedures experienced at the host institute to their home institute

Applicants must contact a host institute to organise the clinical visit and obtain the approval and confirmation of both the host and home institutes.

Fellows receive 5,000€ for the 6-week visit.

**SPRING APPLICATION DEADLINE**

### Palliative Care Fellowship

- > Provide oncologists or oncology fellows additional experience in palliative care training
- > Allow recipients to spend a minimum of one month of observation or research at one of the ESMO Designated Centres of Integrated Oncology and Palliative Care

Palliative Care Research Fellowship:  
5,000€ for one to three months research

Palliative Care Observation Fellowship:  
2,500€ for a minimum of one month observation

Fellows are responsible for identifying and contacting the ESMO Designated Centre of their choice and obtaining the approval and confirmation from both the host and home institutes.

**1 JUNE APPLICATION DEADLINE**

### European Integration Fellowship

The European Integration Fellowship is a six-week educational fellowship that enables young oncologists practicing in certain countries to gain first-hand experience and training at a European centre recognised by ESMO. Residents in countries that joined the European Union after 2004 or in a European country classified by the World Bank as low, lower-middle or upper-middle income are eligible.

Allows participants to:

- > Gain first-hand experience and training on a tumour specific area or special skill at a leading European cancer institute
- > Expand professional networks
- > Gain experience in high quality technical skills and procedures that can be transferred to their home institute

ESMO will match the wishes of the awardees with a suitable host institute, thus the applicant does not need to make contact with possible host institutes beforehand. A tailored six-week programme will then be agreed upon in collaboration with the selected institute. Applicants must submit an application including: a motivation letter, a recommendation letter from the applicant's department head at the home institute, state their wishes for the tumour-specific area or special skill that the candidate would like to study during the fellowship and indicate up to three potential host institutes.

**EARLY SUMMER APPLICATION DEADLINE**



# ESMO Education



## ESMO Examination

The ESMO Examination is the written knowledge assessment of the Board Certification in Medical Oncology in Switzerland and Slovenia.

Successful candidates are ESMO certified for 5 years, after which recertification is possible by either re-taking the ESMO Examination (valid for another 5 years if successful) or participating in the ESMO Medical Oncologist's Recertification Approval (MORA) Programme. In other countries, the ESMO Examination is a valuable assessment tool for practising oncologists and an excellent way for medical oncologists in training to assess their knowledge



## OncologyPRO, educational portal for oncologists

OncologyPRO offers ESMO members exclusive content such as ESMO's Congress webcasts, daily Oncology news, accrual of CME points, free downloads of ESMO's educational books and direct access to *Annals of Oncology*.

### > ONCOLOGY NEWS

OncologyPRO, in partnership with medwireNews, brings you updates each day in the field of medical oncology.

### > GUIDELINES

ESMO Guidelines are prepared and reviewed by leading experts in order to help physicians provide patients with the highest standard of care.

### > MEETING RESOURCES

Offering access to presentations, webcasts and abstracts from ESMO meetings. A vast library is organised by meeting and searchable by topic, date, session, presenter and keywords.

### > EDUCATION LIBRARY

In addition to multiple online educational resources, it offers a wide range of publications that can be browsed by all ESMO members and/or downloaded for offline use.



**Annals of Oncology** *Annals of Oncology*, as ESMO's flagship scientific journal, is an authoritative resource which meets the fast changing needs of the oncology community. *Annals* is a multidisciplinary journal that publishes articles addressing medical oncology, surgery, radiotherapy, paediatric oncology, basic research and the comprehensive management of patients with malignant diseases. *Annals* is cited frequently and is an excellent choice for submitting studies. The journal's Impact Factor is now 13.926 which has solidified its position among the top 10 journals in oncology worldwide.

View the current issue and submit manuscripts from [academic.oup.com/annonc](http://academic.oup.com/annonc)



## ESMO Open: Cancer Horizons

*ESMO Open*, a fully open access journal from ESMO, is an online, peer-reviewed oncology journal indexed in PubMed and listed in Emerging Sources

Citation Index (ESCI), Google Scholar and Scopus. Dedicated to publishing high-quality medical research from all disciplines of oncology, the journal focuses on Innovative clinical and translational cancer research, policy and education. ESMO members enjoy a discounted article publishing charge of 500€.

Learn more about *ESMO Open* [esmoopen.bmj.com](http://esmoopen.bmj.com) and share your research with the world.



## ESMO Leaders Generation Programme

The ESMO Leaders Generation Programme was launched in 2016, to identify and nurture our future leaders – providing them with the opportunity to acquire new communication and leadership skills and learn about ESMO's role in the world of oncology.

The programme is an ESMO Executive Board initiative and is aimed at providing attendees with a clear understanding of the skills required to lead a professional society such as ESMO. Participants will acquire a deeper knowledge of ESMO and the world of oncology in general, as well as leadership, communication and media skills. Applications are open to ESMO members aged between 31 and 45; applicants must be qualified oncologists working in Europe and submit a recommendation letter from a senior ESMO officer or ESMO member in a leading position. The six-day course is divided into two parts. 15 participants are selected and they must commit to attending both parts of the course.

In 2019, ESMO will launch a Leaders Generation Programme in Asia.

**If you would like to learn more**, please 'contact us' on the ESMO website (select category 'Leaders Generation Programme')



## YO Corner on esmo.org



The YO Corner is where we announce all current initiatives for YOs – bookmark the page and check in regularly to see what's happening!

### YO initiatives for you to get involved with:

- > **Images in Oncology** – challenges your diagnosis skills based on an image submitted by a YO
  - > **Journal Club** – appraisals by YOs of important articles with discussion questions
- Do you have a clinical image or would you like to write an appraisal of a practice changing article?** Simply complete the online submission form on the YO Corner or drop us an email at: [yoc@esmo.org](mailto:yoc@esmo.org)
- > **Career and Professional Development Tools** – webcasts, presentations, slide sets, posters and more, all designed to help you with your professional development.
  - > Find details about **International YO Groups** and activities
- ...and also:**
- > Join the **'ESMO Young Oncologists' Facebook group** – closed group for discussion and networking
  - > Participate in **Networking events** for YOs only and gain access to the ESMO Member Lounge at the annual European congress
  - > Sign up for the **YO E-News** to keep informed of ESMO activities aimed at YOs



## Networking and collaboration with national YO Groups

The YOC has an annual meeting at the ESMO European Congress with international YO groups

The meeting is an opportunity for the groups to learn about national activities and understand ways to collaborate, with the goal of developing an international network of young oncologists.

### Joint initiatives to date include:

- > Organisation of YO networking events during the ESMO Congress
- > YO Sessions at national meetings
- > Promotion of initiatives and dissemination of information to YOs about opportunities





By becoming an ESMO member you will have full access to the YO initiatives outlined in this brochure.

## Not an ESMO Member yet?

### Are you still in training?

If you are under 40 and in training you will qualify for ESMO membership at just 25€ per year.

Don't delay, apply today and get involved!

### Already a qualified oncologist or healthcare professional?

If you are under 40, with a medical background but have completed your training, the ESMO membership fee is 175€ per year. You may however be eligible for a reduced fee if you reside in an emerging country or if you are a member of a national society with a reciprocal membership agreement in place.

**Visit [esmo.org/membership](https://esmo.org/membership)  
for more information  
and to apply online**



Got an idea that you'd like  
to share with the YOC?  
Would you like to give us feedback?  
Drop us an email  
– we'd like to hear from you  
**yoc@esmo.org**

**Like to know more about  
ESMO membership?  
The membership team will be  
happy to help, please contact us:**

**membership@esmo.org**

Or visit:

**esmo.org/membership**



EUROPEAN SOCIETY  
FOR MEDICAL ONCOLOGY