ESMO Activities for Young Oncologists

Valentina Guarneri MD, PhD
Member of the ESMO Young Oncologists Committee
The ESMO Community

- Member-based alliance of > 8,300 oncology professionals
- Members in 120 countries
- Worldwide network of Key Opinion Leaders > 500
- Globally engaged through national representatives
- Cooperates in partnership with all stakeholder groups to ensure the highest level of standards for oncology professionals
ESMO: uniquely positioned to lead high-quality education initiatives

- oncologyPRO, a unique educational and scientific portal
- Annals of Oncology
- Annual Congress and meeting programme
- Guidelines – print, app and pocket versions
- Publications - Essentials for Clinicians & Handbooks
- ESMO Examination
- Fellowship Programme
- Patient guidelines and resources
Who are ESMO Young Oncologists (YOs)?

- < 40 years of age
- Oncologists either in training (Junior members) or specialised (Full members)
- Represent 36% of ESMO members
An important Membership Group
36% of members

ESMO YO growth since 2008

* Year to date

YO definition: ESMO member < 40 years
Top 10 YO countries worldwide

YO definition: ESMO member < 40 years

Italy
Egypt
India
United Kingdom
Spain
Switzerland
Portugal
Germany
France
Age of ESMO members overall

- Mean age ~ 44 years
- 38.5% are younger than 40 years

Data 31.12.2013
ESMO Young Oncologists Committee (YOC)

- ESMO YOC represents interests of YOs
- ESMO is committed to nurture the next generation of Oncologists
  - Strengthening YO skills and knowledge
  - Developing educational activities
  - Offering a platform for networking

Mission statement:
Provide opportunities to strengthen YO skills, knowledge and expertise, while providing a platform for networking with other medical oncologists and oncology professionals
Young Oncologists Committee (YOC) structure

Chair
- Raffaele Califano - United Kingdom

Mentor
- Fortunato Ciardiello - ESMO President-Elect

YOC Members
- Susana Banerjee - United Kingdom
- Jaime Jesus Corral - Spain
- Leticia De Mattos-Arruda - Latin America
- Valentina Guarneri - Italy
- Erika Martinelli - Italy
- Giannis Mountzios - Greece
- Akif Öztürk - Turkey
- Mila Petrova - Bulgaria
- Sophie Postel-Vinay - France
- Matthias Preusser - Austria
- Camilla Qvortrup - Denmark
- Michiel Strijbos - Belgium
- Nikita Volkov - Russia
Achievements 2013

• Launch of the Image of the Month diagnosis challenge on YO Corner
• Preceptorship meetings offered with travel grants to YOs
• YO E-News issued on a regular basis with increased readership
• YO sessions at national oncology congresses and ESMO specialty congresses
• European-wide survey by the YOC, on burnout in young oncologists
• ESMO Survey conducted addressing needs of national YO groups
• First Joint Networking evening for YOs in collaboration with FAC, ESMO, ESSO & ESTRO at ECC 2013, Amsterdam
• Annual YO Track – Scientific programme during congress
Image of the Month – launched May 2013

A monthly challenge of your capability of diagnosis based on a striking and clinically important image.

• image accompanied by three options of diagnosis - once you have tested your skills, the case and medical history of the case is explained.

• ESMO members can rate the article, leave comments to raise questions or share their own experience of a similar case.

Participation online is possible

Proposed and coordinated by YOC members Dr Valentina Guarneri and Dr Erika Martinelli
April 2014 – Image of the Month

Date: 01 Apr 2014
Author: Giulia Tasca, Valentina Guarneri
Affiliation: University of Padova - Division of Medical Oncology 2, Istituto Oncologico Veneto IRCCS - Padova, Italy

What is the most likely clinical diagnosis?

- [ ] A. Hamartochondroma of the lung
- [ ] B. Pulmonary tuberculosis
- [ ] C. Lung metastasis from endometrioid carcinoma

Click on the image to view a larger version

Vote
April 2014 – Image of the Month

Date: 01 Apr 2014
Author: Giulia Tasca, Valentina Guarneri
Affiliation: University of Padova - Division of Medical Oncology 2, Istituto Oncologico Veneto IRCCS - Padova, Italy

What is the most likely clinical diagnosis? - Results
A. Hamartochondroma of the lung (79%)
B. Pulmonary tuberculosis (2%)
C. Lung metastasis from endometrioid carcinoma (18%)

Click on the image to view a larger version

The diagnosis is C. Lung metastasis from endometrioid carcinoma

A 60-year-old woman with a history of endometrioid cancer. 25 years ago she was presented with a diagnosis of endometrioid carcinoma of endometrium, stage 1B G3 (high risk category). She underwent surgery (total hysterectomy and bilateral salpingo-oophorectomy with lymphadenectomy), subsequent adjuvant treatment with cisplatin, adriamycin and cyclophosphamide and external pelvic radiation. 9 years later, due to increased serum markers (CEA; CA 19.9), she performed a thorax and abdomen CT-scan, revealing four pulmonary lesions. These lesions were completely surgically resected and their histologic examination resulted as secondary lesions from endometrioid carcinoma. She was treated with chemotherapy. After 11 years, the CT scan revealed a new mass in the left lung. A biopsy confirmed the diagnosis of metastasis of endometrioid carcinoma of the uterus. She underwent local irradiation. The present CT scan (see figure) shows a calcific mass, with no change in the longest diameter after 3 years of follow up. The patient is nearly asymptomatic, with a minimal increase of CA 19.9.
So far in 2014

- **Publication of NSCLC study** based on European-wide survey in *Lung Cancer*
- **1st Clinical Trials Workshop for Central Eastern Europe** in Budapest - for under 45
- **ESO-ESMO Eastern Europe and Balkan Region Masterclass** in Medical Oncology, in Slovenia

And coming soon:
- Career and professional development tools
- YO Track ESMO 2014 Congress in Madrid
- Advise and documentation support to assist in creating national YO groups
- LinkedIn based networking forum (in addition to existing Facebook group)
Use of adjuvant chemotherapy (CT) and radiotherapy (RT) in incompletely resected (R1) early stage Non-Small Cell Lung Cancer (NSCLC): A European survey conducted by the European Society for Medical Oncology (ESMO) Young Oncologists Committee

R. Califano a,b,*, M.V. Karamouzis c, S. Banerjee d, E. de Azambuja e, V. Guarneri f, M. Hutka d, K. Jordan g, K. Kampostris h, E. Martinelli i, J. Corral j, S. Postel-Vinay k, M. Preusser l, L. Porcu m, V. Torri m
YO Track at ESMO 2014 Madrid

Especially designed by YOs for YOs - educational and relevant to YOs in their daily practice and/or research activities.

- **YO Masterclass**
  ESMO Young Oncologists meet the European Association for Cancer Research (EACR): Integrating basic science into clinical research

- **YO Forum**
  Tips and tricks for cancer researchers in training

- **YO Breakfast sessions**
  How to address the media: Practical advice for young oncologists
  How to find the right work-life balance: Time management for young oncologists
  Risks and boundaries: The doctor / cancer patient relationship

- **YO Special Session**
  Fellowships in Europe: Educational opportunities for Young Oncologists
ESMO 2014 Madrid – networking evening

Getting to know each other is the best first step on the way to making a difference together! International networking evening in a relaxed atmosphere, for YOs only.

Photos from 1st networking evening in Vienna 2012
The burn-out project

Professional Burnout in European Young Oncologists: a European Survey conducted by the European Society for Medical Oncology (ESMO) Young Oncologists Committee

Susana Banerjee, Raffaele Califano, Jaime Jesus Corral, Evandro de Azambuja, Leticia De Mattos-Arruda, Valentina Guarneri, Margaret Hutka, Karin Jordan, Erika Martinelli, Giannis Mountzios, Mehmet Akif Öztürk, Mila Petrova, Sophie Postel-Vinay, Matthias Preusser, Camilla Qvortrup, Michiel Strijbos, Nikita Volkov, David Olmos Hidalgo

Oral presentation at ESMO 2014 Congress in Madrid
Preceptorship Meetings & Travel Grants for YOs

2013

5 Preceptorships in 2013 – 3 in Europe, 2 in Asia

2014

10 Preceptorships planned for 2014 – 8 in Europe, 2 in Asia

and also:

1st Clinical Trials Workshop for Central Eastern Europe Budapest
11-12 March 2014, Budapest, Hungary (< 45 yrs)

ESO-ESMO Eastern Europe and Balkan Region Masterclass in Medical Oncology
27 June - 2 July 2014, Brdo, Slovenia – residential course, to improve skills or as preparation for national or ESMO board exam. Including full spectrum of issues in clinical and medical oncology.
Example: Prague, May 2014

PRECEPTORSHIP PROGRAMME 2014

COLORECTAL CANCER
Multidisciplinary management, standards of care and future perspectives

OBJECTIVES:
- Learn about best clinical practice in the multidisciplinary management of colorectal cancer in the adjuvant and metastatic settings
- Understand the importance of pathology and histoprognostic factors
- Learn about the management of patients after progression, side-effects of treatments, and in special situations
ESMO Fellowships

Research and Educational opportunities to Medical Oncologists around the world

Improve Patient Care - Advance science - Enhance careers
ESMO Fellowship Programme

6 Different types of ESMO Fellowships

Over 5,600,000€ invested in ESMO Fellows from 1989 to 2013

Over 190 ESMO Fellows since 1990
ESMO Educational Fellowships

**ESMO Translational Research Unit Visits**
Practical information for data interpreting and implementing new technologies. Focus: technology, project management, funding, clinician relationship and quality control
3–4 day visits – 4–8 fellows per visit – 1,000€ (3–4 / year)

**ESMO Clinical Unit Visit**
Acquire know-how at European Centres of Excellence and transfer to home institute
6–weeks visit – 5,000€ (3 or more / year)

**ESMO Palliative Care Fellowship (not limited <40)**
Observation or research at an ESMO Designated Centers of Integrated Oncology and Palliative Care to obtain additional experience in palliative care training
Observation: min 1 months – 2,500€
Research: 1–3 months – 5,000€ (2 or more / year)
ESMO Research Fellowships

**ESMO Translational Research Fellowship**
Strong laboratory component with opportunity to work at a centre of excellence, in-depth translational research – a spring board for your career
2 years – 70,000€ (2–4 / year)

**ESMO Clinical Research Fellowship**
Access to and collaboration with European institutions of excellence – gain support necessary to develop specific clinical research projects
1 year – 35,000€ (1 / year)

**Georges Mathé Translational Research**
Lab-based project at an European centre of excellence in order to acquire in-depth translational research skills – for promising scientific researchers
1 year – 35,000€ (1 / year)
Floriana Morgillo, Italy

Translational Research Fellowship 2008-2010
Mechanisms of acquired resistance to anti growth factor receptor agents

“The translational research fellowship gave me the opportunity to complete my research in my field and grow as an independent researcher.

I had the opportunity to meet international scientists, to present my data at international conferences and to share my knowledge.

Having the opportunity to do this fellowship represented a step forward in career development.”
YO Fellowship stories

Hatem Azim, Belgium

Translational Research Fellowship 2010-2012
Genomic Profiling of breast cancer diagnosed during pregnancy

“My path is a very good example of how an ESMO Fellowship can really provide career-changing opportunities. I combined the two-year period of my ESMO translational research fellowship with other projects in the same domain.

I incorporated these projects into a PhD and obtained the degree, one year after finishing the fellowship.

I have since been involved in various committees and panels, and have now become a scientific director of the breast cancer research unit that welcomed me as a fellow”
ESMO Fellows’ advice to YOs

→ Be motivated
→ Search for study opportunities
→ Apply and re-apply
→ Be patient, persistent and optimistic
→ Work hard
→ Demonstrate your dedication and aspirations when applying
→ Form networks and participate in activities
→ At end fellowship ensure you implement what you have learnt

An ESMO Fellowship is a unique fundamental opportunity to open your mind, build a solid career and gain a strong network!
Career & Development tools

Available online through
• YouTube (practical info Fellowship)
• oncologyPRO (How to.. Webcasts)

…and more to come soon!
oncologyPRO: A Single Resource

- Oncology News
- Science and Education
- Guidelines and Practice
- Publications
- Meeting resources
- Slide resources
- Tumour portal
- Sponsor material
ESMO membership from just 25 € a year!

**Junior Membership**
(oncologists in training)

25 Euros

- Full access to all ESMO education and scientific resources
- Special discounted Fees for ESMO meetings
- Eligible for YO Programmes

Visit the ESMO booth and Members’ Lounge at ESMO 2014 Madrid
Do You Want to Get Involved?

- Visit the YO Corner on esmo.org
- Submit a review or comment on articles in the Journal Club
- Contact your local national YO group
- Submit an image for the Image of the Month project
- Join the ESMO YO Facebook group (+1200 members)
- Contact YOC by email yoc@esmo.org
YOUR SKILL AND COMMITMENT DESERVE RECOGNITION
JOIN ESMO - THE EUROPEAN REFERENCE FOR ONCOLOGY

For more information, visit esmo.org