

# PRECEPTORSHIP PROGRAMME

## Supportive and Palliative Care

Multidisciplinary management, standards of care,  
therapeutic targets and future perspectives

**LUGANO**  
SWITZERLAND

**1-2 FEBRUARY 2019**

**Chair**

Karin Jordan, DE

**Co-Chair**

Florian Strasser, CH

# ESMO PRECEPTORSHIP PROGRAMME SUPPORTIVE AND PALLIATIVE CARE

Multidisciplinary management, standards of care,  
therapeutic targets and future perspectives

Lugano, Switzerland  
1-2 February 2019

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**CHAIR:** Karin Jordan, Germany

**CO-CHAIR:** Florian Strasser, Switzerland

**SPEAKERS:** Matti Aapro, Switzerland

Jann Arends, Germany

Maria Die-Trill, Spain

Manuela Eicher, Switzerland

Berit Jordan, Germany

Florian Scotté, France

Jayne Wood, United Kingdom

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## LEARNING OBJECTIVES

- Understand mechanisms, risk, prevention and treatment of the key symptoms and syndromes pain, fatigue, anorexia, cachexia, dyspnoea, nausea, vomiting, diarrhoea, skin toxicities, mucositis, neurotoxicity, venous thromboembolism, febrile neutropaenia, anaemia, bone complications and their association with cancer-disease and anticancer-treatment
- Understand integration of screening for and assessment of anticancer toxicities, symptoms and other palliative and supportive care needs, and integration of their management in routine oncology care
- Understanding the role of rehabilitation in the continuum of care
- Describe required competences of multidisciplinary and inter-professional teams for multimodal management
- Understand key steps to prepare patients and family members for end-of-life and care of the dying person
- Understand how to communicate with patients about illness, prognosis, coping, hope and decisions. Reflect about your own role and how to address cultural differences
- Know the ESMO Clinical Practice Guidelines (CPGs) relevant for the topics discussed
- Know the highlight of the ESMO position paper of supportive and palliative care

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## ACCREDITATION

The programme of this event has been accredited with **10 ESMO-MORA category 1 points**.

Recertification is necessary for medical oncologists to remain professionally certified by ESMO. Recertification guarantees that a certified medical oncologist has continued to update her/his knowledge and continues to possess the necessary skills and standards for the practice of medical oncology. For further details, please refer to [esmo.org](http://esmo.org).

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## ACKNOWLEDGEMENTS

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## Friday, 1 February 2019

<b>09:00-10:20</b> 80'	<b>SESSION 1</b> <b>Overview of main issues of supportive and palliative care</b>	<b>Chairs:</b> <b>Karin Jordan, DE</b> <b>Florian Strasser, CH</b>
5'	Introduction, goals of preceptorship and learning objectives	Karin Jordan, DE
20'	ESMO: - Highlights of the ESMO position paper on supportive and palliative care - ESMO Practice Guidelines on Supportive and Palliative Care: What's new, which guidelines can you expect for the future	Karin Jordan, DE
20'	Rehabilitation: an emerging integral part of supportive and palliative care	Florian Strasser, CH
25'	Communication with cancer patients (ESMO/ASCO curriculum: Challenging situations, breaking bad news, family perspectives, desire to hasten death)	Maria Die-Trill, ES
10'	Participant clinical case discussion	Faculty
<b>10:20-10:50</b>	<b>Coffee break</b>	
<b>10:50-12:45</b> 115'	<b>SESSION 2</b> <b>Prevention and treatment of complications, toxicities and symptoms</b>	<b>Chair:</b> <b>Jayne Wood, UK</b>
25'	Chemotherapy-induced peripheral neuropathy: Mechanism, prevention and treatment	Karin Jordan, DE
5'	Q&A	Karin Jordan, DE
20'	Reciprocal education and training between oncologists and palliative, supportive and rehabilitative care	Florian Strasser, CH
5'	Q&A	Florian Strasser, CH
35'	Management of cancer pain and other complex symptom control	Jayne Wood, UK
5'	Q&A	Jayne Wood, UK
15'	Prevention of burnout	Maria Die-Trill, ES
5'	Q&A	Maria Die-Trill, ES
<b>12:45-13:45</b>	<b>Lunch</b>	
<b>13:45-15:20</b> 95'	<b>SESSION 3</b> <b>Rehabilitation and issues which play also a role in survivorship</b>	<b>Chair:</b> <b>Florian Strasser, CH</b>
30'	Prevention and management of skin toxicities, including when and how to collaborate with dermatologists - Test your knowledge!	Florian Scotté, FR
5'	Q&A	Florian Scotté, FR
30'	Cancer disease and cancer-treatment related fatigue: Mechanism and management	Florian Strasser, CH
5'	Q&A	Florian Strasser, CH
20'	Acute and late cardiovascular toxicity induced by anti-tumour therapy	Florian Scotté, FR
5'	Q&A	Florian Scotté, FR

<b>15:20-17:10</b> 85'	<b>SESSION 4</b> <b>Management of cancer disease and cancer-treatment related symptoms</b>	<b>Chair:</b> <b>Karin Jordan, DE</b>
25'	Diarrhoea and anticancer therapy-induced mucositis: Prevention and management strategies	Florian Scotté, FR
5'	Q&A	Florian Scotté, FR
<b>15:50-16:15</b>	<b>Coffee break</b>	
20'	Supporting self-management of patients and family members	Manuela Eicher, CH
5'	Q&A	Manuela Eicher, CH
25'	Prevention and management of cancer disease and chemo- and radiotherapy-induced nausea and vomiting, guidelines update and future directions	Karin Jordan, DE
5'	Q&A	Karin Jordan, DE
<b>17:10-18:15</b> 65'	<b>SESSION 5</b> <b>Communication and multimodal management</b>	<b>Chair:</b> <b>Jayne Wood, UK</b>
20'	Neuromuscular complications in cancer patients including neurological side effects of immunotherapy, when and how to use an immune-board	Berit Jordan, DE
5'	Q&A	Berit Jordan, DE
15'	Communication and considerations at the end of life	Jayne Wood, UK
5'	Q&A	Jayne Wood, UK
15'	Emergencies: Extravasation of anticancer agents including when to call the surgeon	Karin Jordan, DE
5'	Q&A	Karin Jordan, DE
<b>19:30</b>	<b>Dinner</b>	

## Saturday, 2 February 2019

<b>09:00-10:25</b> 85'	<b>SESSION 6</b> <b>Multimodal and multiprofessional management I</b>	<b>Chair:</b> <b>Florian Strasser, CH</b>
25'	Prophylaxis and management of febrile neutropaenia including role of infectiologist: <ul style="list-style-type: none"> <li>- Which patient should receive G-CSF?</li> <li>- Which antibiotics shall (not) be given?</li> </ul>	Matti Aapro, CH
5'	Q&A	Matti Aapro, CH
25'	Cancer cachexia: Practical assessment, prevention and treatment, including when is invasive nutrition indicated	Jann Arends, DE
5'	Q&A	Jann Arends, DE
20'	Anaemia and thrombocytopaenia caused by cancer and anticancer treatment: How to prevent and manage best?	Matti Aapro, CH
5'	Q&A	Matti Aapro, CH
<b>10:25-10:55</b>	<b>Coffee break</b>	

<b>10:55-12:10</b> 75'	<b>SESSION 7</b> <b>Multimodal and multiprofessional management II</b>	<b>Chair:</b> <b>Jann Arends, DE</b>
20'	Early integration of palliative care across different care settings and professions	Jayne Wood, UK
5'	Q&A	Jayne Wood, UK
20'	Prevention and management of thromboembolism including the new role of Novel Oral Anticoagulants (NOACs) in cancer patients	Matti Aapro, CH
5'	Q&A	Matti Aapro, CH
20'	Fasting, diets, probiotics, phytotherapy and other Complementary and Alternative Medicine (CAM) issues in practice: When and how to include CAM specialists	Jann Arends, DE
5'	Q&A	Jann Arends, DE
<b>12:10-12:40</b> 30'	<b>SESSION 8</b> <b>Audience cases</b>	<b>Chairs:</b> <b>Karin Jordan, DE</b> <b>Florian Strasser, CH</b>
30'	Participants clinical case discussion (3x10')	Faculty
<b>12:40-12:50</b> 10'	<b>Conclusion, outlook and farewell</b>	<b>Chairs:</b> <b>Karin Jordan, DE</b> <b>Florian Strasser, CH</b>
<b>12:50-13:50</b>	<b>Lunch</b>	

**Note:** Each 10 minute slot for clinical case discussion includes 5' case presentation and 5' Q&A / panel discussion