

PRECEPTORSHIP PROGRAMME

Supportive and Palliative Care

Multidisciplinary management, standards of care,
therapeutic targets and future perspectives

LUGANO
SWITZERLAND

16-17 APRIL 2018

Chair Karin Jordan, DE
Co-Chair Florian Strasser, CH

ESMO PRECEPTORSHIP PROGRAMME SUPPORTIVE AND PALLIATIVE CARE

Multidisciplinary management, standards of care,
therapeutic targets and future perspectives

Lugano, Switzerland
16-17 April 2018

CHAIR: Karin Jordan, Germany
CO-CHAIR: Florian Strasser, Switzerland

SPEAKERS: Matti Aapro, Switzerland
Jann Arends, Germany
Berit Jordan, Germany
Stein Kaasa, Norway
Florian Scotté, France
Luzia Travado, Portugal
Jayne Wood, United Kingdom
Annie Young, United Kingdom

LEARNING OBJECTIVES

- Understand mechanisms, risk, prevention and treatment of the key symptoms and syndromes pain, fatigue, anorexia, cachexia, dyspnea, nausea, vomiting, diarrhea, skin toxicities, mucositis, neurotoxicity, venous thromboembolism, febrile neutropenia, anaemia, bone complications and their association with cancer-disease and anticancer-treatment
- Understand integration of screening for and assessment of anticancer toxicities, symptoms and other palliative and supportive care needs, and integration of their management in routine oncology care
- Describe required competences of multidisciplinary and inter-professional teams for multimodal management
- Understand key steps to prepare patients and family members for end-of-life and care of the dying person
- Understand how to communicate with patients about illness, prognosis, coping, hope and decisions. Reflect about your own role and how to address cultural differences
- Know the ESMO Clinical Practice Guidelines (CPGs) relevant for the topics discussed

ACCREDITATION

The programme of this event has been accredited with **11 ESMO-MORA category 1 points**.
Recertification is necessary for medical oncologists to remain professionally certified by ESMO. Recertification guarantees that a certified medical oncologist has continued to update her/his knowledge and continues to possess the necessary skills and standards for the practice of medical oncology. For further details, please refer to esmo.org.

ACKNOWLEDGEMENTS

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Monday, 16 April 2018

09:00-09:55 55'	SESSION 1 Overview of main issues of supportive and palliative care	Chairs: Karin Jordan, DE Florian Strasser, CH
5'	Introduction, goals of preceptorship and learning objectives	Karin Jordan, DE
10'	Patient centered care: Understanding interplay of cancer symptoms and anticancer treatment toxicities (prevent-decide-treat-alleviate)	Karin Jordan, DE Florian Strasser, CH
20'	Integration of needs-based palliative interventions in routine care: Support coping, address symptoms, coordinate care, prepare end-of-life	Florian Strasser, CH
10'	Patient reported outcomes vs. clinical reported outcomes: What is the best to measure toxicities?	Karin Jordan, DE
10'	Participant clinical case discussion	Faculty

09:55-10:25	Coffee break
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10:25-12:25 120'	SESSION 2 Prevention and treatment of complications, toxicities and symptoms	Chair: Jann Arends, DE
25'	Prophylaxis and management of febrile neutropenia: <ul style="list-style-type: none"> - Which patient should receive G-CSF? - Which antibiotics shall (not) be given? 	Matti Aapro, CH
5'	Q&A	Matti Aapro, CH
25'	Anticancer therapy-induced neurotoxicity: Mechanism, prevention and treatment by drugs and physical exercise	Berit Jordan, DE
5'	Q&A	Berit Jordan, DE
25'	Mechanism and management of fatigue	Jann Arends, DE
5'	Q&A	Jann Arends, DE
25'	Anaemia and thrombocytopenia caused by cancer and anticancer treatment: How to prevent and manage best?	Matti Aapro, CH
5'	Q&A	Matti Aapro, CH

12:25-13:25	Lunch
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13:25-14:55 90'	SESSION 3 Prepare for and care during end-of-life	Chair: Stein Kaasa, NO
25'	Balancing hope and coping with reality in modern oncology: Integrating value-based advanced care planning in routine care	Florian Strasser, CH
5'	Q&A	Florian Strasser, CH
25'	Planning, organization and patient management of end-of-life care	Stein Kaasa, NO
5'	Q&A	Stein Kaasa, NO
25'	Coordination of palliative support networks for the patient and family members: Role of oncologist	Jayne Wood, UK
5'	Q&A	Jayne Wood, UK

14:55-15:25	Coffee break
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15:25-16:55 90'	SESSION 4 Management of cancer disease and cancer-treatment related symptoms	Chair: Florian Scotté, FR
25'	Nutritional approach and medications for bone health ESMO CPGs	Matti Aapro, CH
5'	Q&A	Matti Aapro, CH
25'	Prevention and management of cancer chemo- and radiotherapy-induced nausea and vomiting, international guideline update and future directions	Karin Jordan, DE
5'	Q&A	Karin Jordan, DE
25'	Anticancer therapy-induced mucositis and diarrhoea: Prevention and management strategies	Florian Scotté, FR
5'	Q&A	Florian Scotté, FR
16:55-18:10 75'	SESSION 5 Pain and communication	Chair: Luzia Travado, PT
30'	Management of cancer pain	Jayne Wood, UK
5'	Q&A	Jayne Wood, UK
35'	Communication skills, communication in challenging situations (bad news, difficult families, desire to hasten death) and to prevent burnout	Luzia Travado, PT
5'	Q&A	Luzia Travado, PT
20:00	Dinner	

Tuesday, 17 April 2018

08:30-10:20 110'	SESSION 6 Multimodal and multiprofessional management	Chair: Florian Strasser, CH
25'	Drugs to treat and relieve patients with cancer cachexia: <ul style="list-style-type: none"> - Old drugs used for the cachectic cancer patients - New cachexia mechanism-based compounds 	Jann Arends, DE
5'	Q&A	Jann Arends, DE
25'	Nutrition in the cancer patient: How to make decisions (nutrition, anticancer drugs), when to move to invasive nutrition and value of physical training	Florian Strasser, CH
5'	Q&A	Florian Strasser, CH
20'	Symptom control essentials: Delirium, dyspnoea and recurrent ascites	Jayne Wood, UK
5'	Q&A	Jayne Wood, UK
20'	Collaboration of physicians and nurses in cancer care, nursing interventions and patient empowerment	Annie Young, UK
5'	Q&A	Annie Young, UK
10:20-10:50	Coffee break	

10:50-12:40 110'	SESSION 7 Aspects of multi-disciplinary patient-centered care	Chair: Annie Young, UK
15'	Why ESMO Designated Centers of Cancer Integrated Oncology & Palliative Care	Stein Kaasa, NO
5'	Q&A	Stein Kaasa, NO
20'	Prevention and management of skin toxicities, including when and how to collaborate with dermatologists	Florian Scotté, FR
5'	Q&A	Florian Scotté, FR
20'	Prevention and management of thromboembolism	Annie Young, UK
5'	Q&A	Annie Young, UK
15'	Emergencies: Paravasation of anticancer agents including when to call the surgeon	Karin Jordan, DE
5'	Q&A	Karin Jordan, DE
15'	Cardiovascular toxicity induced by anti-tumour therapy	Florian Scotté, FR
5'	Q&A	Florian Scotté, FR
12:40-13:10 30'	SESSION 8 Audience cases	Chairs: Karin Jordan, DE Florian Strasser, CH
3x10'	3 x Participant clinical case discussion	Faculty
13:10-13:20 10'	Conclusion, outlook and farewell	Chairs: Karin Jordan, DE Florian Strasser, CH
13:20-14:20	Lunch	

Note: Each 10 minute slot for clinical case discussion includes 5' case presentation and 5' Q&A / panel discussion