

ESMO Palliative Care Fellowship (Apr 2017 – Jul 2017)

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FINAL REPORT

Home Institute: Cipto Mangunkusumo Hospital
Host Institute: Erasmus MC Cancer Institute

Introduction

Currently there has been no hospice or palliative care unit in hospital in Indonesia. My participation in the fellowship has been part of the resource capacity building

Goals or aims

1. To learn the organization of hospice or palliative care within the tertiary level hospital
2. The training curriculum for personnel involved in hospice/palliative care unit in the hospital
3. The financing of hospice/palliative care program
4. The engagement of stakeholders in hospice/palliative care program in hospital
5. The establishment of network between hospital and community for the continuity of care

Description of the time spent at host institute

I spent my 3 months' time in the host institute to observe and learn: 1. I learned the organization of interdisciplinary care in Palliative Care Inpatient Unit through: (a) multidisciplinary tumor boards for various type of cancer and (b) pain meeting (including medical oncologist, anesthesiologist, neurologist, psychiatrist, nurses, social worker, etc.) 2. I learned the organization of Consultation Team for Pain and Palliative Care 3. I learned the importance of social workers and transfer nurse for the organization of after care 4. I learned the importance of preventing burn out for those who work with chronic illness patients, e.g. by regular meeting with psychologist 5. I learned the importance of subcutaneous route for opioid deliveries, or hydration that is beneficial also for after care 6. I learned the organization of care in the hospice (community) setting.

Conclusion

This fellowship has provided me with meaningful experiences of how to organize and deliver palliative care in the hospital setting and community setting. I would deliver this knowledge and use it for further development of palliative care in Indonesia, particularly in Cipto Mangunkusumo Hospital.

Acknowledgements

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